



Meet Your Chef

I'm Ria! I'm the founder and innovative chef for Good Food Good Living. I was familiar with a kitchen long before I could reach the countertop. One of the greatest gifts I inherited from my grandparents is cooking with Earth's freshest ingredients, intilling me in generations of customs. I use food to express myself and to set forth my culture, never forgetting that the body needs balance.

I always say, "I love to see all my plates empty – it's an affirmation that food connects and brings people together." My motto has helped me elevate my business from a simple catering service into an eco-friendly, sustainable, and healthy space.

Why Good Food Good Living?

Setting up an event can be demanding, daunting and stressful! It's why Good Food Good Living gives each client a personalized service. We offer an authentic twist on various cuisines while catering to dietary restrictions.

Small or large, we'll serve your event efficiently with professionalism and style.

Do you know the three most essential ingredients for a successful event?

1. Occasion
2. Attention to detail
3. Food

GFGL has a variety of starters, entrees, desserts, and snacks, all culinary masterpieces from which you can make a special menu. We will make your event remarkable so you can relax and enjoy your guests' experience!



Thank You for your Business

Let us know how we can help!

Contact

📞 303.217.6993

✉ info@goodfoodgoodliving.com

🌐 www.goodfoodgoodliving.com

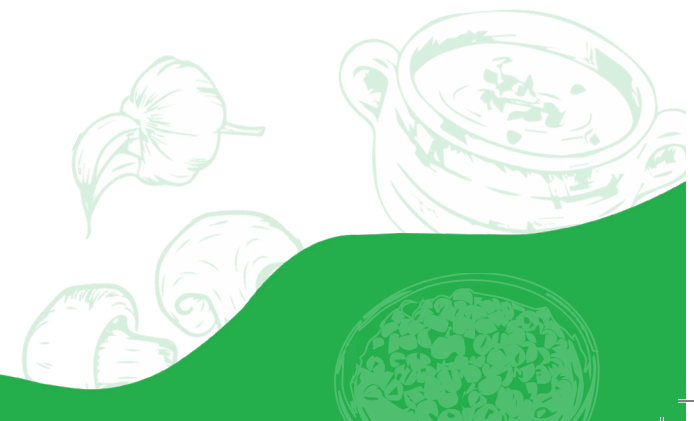


Scan to visit our website:

Good Food Good Living

Where good living starts!

Striving to bring people together in the Greater Denver Metro Area.

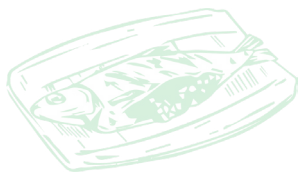




Custom Tailored Menus

Personalized menus create a one-of-a-kind experience for you and your guests to rave about for years to come.

"It's not only about the good food you'll be eating, but the comfort, connections, and memories it will create."



Buffet Menu Packages*

The perfect menu simplifies ordering. Select one of the catering packages below:

| Gold | Silver | Bronze |
|----------------|----------------|----------------|
| Choose: | Choose: | Choose: |
| 4 Appetizers | 3 Appetizers | 2 Appetizers |
| 2 Soup | 2 Soup | 1 Soup |
| 2 Salads | 2 Salads | 1 Salads |
| 4 Main Entrées | 3 Main Entrées | 2 Main Entrées |
| 3 Dessert | 2 Dessert | 1 Dessert |
| 4 drink types* | 3 drink types* | 2 drink types* |

Breakfast & Brunch

Smoothie Bowl Bar
Sweet Butter Boards
Biscuits/Croissants/Bagels
Vegetarian & Vegan Bar
Charcuterie Boards
Fruit or Juice Bar
Tamales

Lunch & Dinner

Charcuterie Boards
Savory Butter Boards
Vegetarian & Vegan Bar
Subs/Tortas/Paninis
Salad/Tapas Bar
Taco Bar
Tamales

*Packages include plates, napkins, and utensils.
Wire racks and sterno food warmers are available upon request.
*Non-Alcoholic Drinks



Catering Services

Exquisite menus for any occasion. Small or large, indoor or outdoors, we're here to help.

Corporate

Meetings
Retreats
Seminars
Conferences
Fundraisers
Holidays Parties
Ribbon-Cuttings

Milestones

Reunions
Birthdays
Graduations
Announcement
House Warming
Family Gatherings

Gatherings

Annual Events
Private Celebrations
Seasonal Festivities
Holidays Parties

Celebrations

Weddings
Anniversaries
Baby Showers
Engagements
Bridal Showers
Rehearsal Dinners

All dishes have a variety of flavors in combination with fresh and mouthwatering ingredients.

